



FOR IMMEDIATE RELEASE

Get Prepared with CSEC & CAPE Workshop

Kingston. March 24, 2021: - National Museum West (NMW) will be hosting its annual Exam Preparation Workshop for CAPE and CSEC students on March 30, 2021 at 10 am virtually, through the Zoom online platform. The workshop is being led by Mr. Quinton Yearde, Lecturer and CSEC Examiner. The workshop will focus on helping students to prepare for the upcoming 2021 exam period, sharing study tips and more on how they can overcome any fears they may have regarding sitting these exams.

The NMW sees it fit that students are given any extra help especially since they have been facing numerous challenges when it comes to education and learning due to the impact of COVID-19. Many students have not yet adapted to learning through a virtual space and the added stresses that comes with sitting an exam becomes particularly challenging. This workshop seeks to aid students in alleviating some of their fears, giving them the tools to be able to deal with the current situation and ultimately being ready to face exam day.

Particularly, students will learn how to prepare for their exam; how to manage exam anxiety and how to answer exam questions efficiently. General tips that speak to dieting, creating study plans, being consistent and more are being shared across the Instagram platform of NMW, under the social handle @nationalmuseumwestjamaica.

Organizer of the workshop, Ms. Sharifa Balfour is encouraging as many CAPE and CSEC students to participate as they stand to benefit tremendously. She states “Though spaces are limited for the workshop we are encouraging early registration from students so they can secure a spot. For the students who will miss the workshop it will be recorded and uploaded to the National Museum Jamaica’s YouTube Channel and may be sent via email to students”.

The workshop promises to be very interactive so participants can come prepared to share feedback, ask questions and have a lively and meaningful rapport with their peers and the facilitator.

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The National Museum Jamaica is the sister museum of National Museum West and is the national agent for the collection, preservation and documentation of Jamaica’s material culture and aims to stimulate serious research and reflection on Jamaica’s history and contemporary life.

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